

This Summer at St Giles

ACTIVE AFTERNOONS

Soccer Day Tuesday July 30 from 1-3pm Music Day Wednesday July 31- 1-3pm Bike Rally Thursday August 1-2:30 pm-5:30 pm

SUMMER CAMPS

Youth Camp August 13-15 SCUBA VBC August 19-23

EVERY SUNDAY

Nursery Ages 0-3 Sunday School Grades 1-6 Youth Sunday School Grades 7+

Family Faith Builder

Get ingredients for s'mores and make them together. As you do, ask: "What has God done 'some more' of for you?" and "How do you think God wants us to do 'some more' for others?"



LOOK TO THE SKY

As the days heat up it's sometimes nice to get out at night. If you have curious people in your family, now is the perfect time to start stargazing as the Perseid meteor shower (known as the Perseids) are active every year from mid-July to late August. The Perseids are produced by the debris of the comet Swift-Tuttle and the meteors produced are both fast and bright. The peak this year is expected on the night of August 12th until just before dawn August 13th.

Plan a fun family night and head out to find a quiet space away from city lights to watch for meteors together. If you're extra curious look up some constellations before you go and see who can spot them. This is a great way to enjoy time together as a family and enjoy the gift of creation that comes from God. The Apostle Paul talks about the beauty and diversity found in creation (including the stars) in I Corinthians:

"You will notice that the variety of bodies is stunning. Just as there are different kinds of seeds, there are different kinds of bodies—humans, animals, birds, fish—each unprecedented in its form. You get a hint at the diversity of resurrection glory by looking at the diversity of bodies not only on earth but in the skies—sun, moon, stars—all these varieties of beauty and brightness. And we're only looking at pre-resurrection "seeds". —who can imagine what the resurrection "plants." will be like!" I Corinthians 15:39-41 (The Message)

> Those who are wise will shine like the brightness of the heavens, and those who lead many to righteousness, like the stars for ever and ever.

> > Daniel 12:3

For Parents

It's tough talking to kids about the hard things in life but we all know that in life we will encounter some difficult times. Some things that happen we bring on ourselves. With other things, it's the choices of others that get us there and sometimes things just seem to pop up out of nowhere!

Dealing with the pressures and challenges of life is something we all must do and developing skills to cope and thrive in those times is something we can help our kids build. As you work through the "Living Raw" activity as a family, reflect on the following questions and contemplate how you can encourage your kids to take on life's hard things well.

Can you think of a time in your life when things were difficult but in the end, your experiences helped you become who you are today?

Can you think of a time when you've helped someone get through their challenge because of your past experiences?

How have your experiences (good and bad) helped you become who you are today?



Faith at home: Raw or well done?

Supplies:

Hamburger patties (include one more than you need) Buns

Condiments (favourite for your family), salads, etc. Grill/Grill pan and utensils

Prep: This one happens at dinner! Grill all of the burgers except for one. When everything is ready to eat and everyone is at the table offer everyone a choice between a cooked burger or a raw one.

Say: Raw burgers aren't appealing or tasty! In order for you to be able to enjoy the burger, you need to cook it over a lot of heat on the BBQ (or stove). The flames (or heat) help turn the burger into something better, something tastier for us to eat.

In life, there are times when things heat up for us. When circumstances get really uncomfortable and it feels like we're the ones cooking on the grill. Can you think of a time in your life that you felt burned?

The Apostle James says says "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything." (James 1:2-4 The Message)

It's hard to consider difficult times a "joy". When we are "on the grill" and uncomfortable because things aren't going well we don't see how those things could be good for us at all. But, like the burger, sometimes those moments help to shape us. We might learn through them who we want and who we don't want to be. We learn to persevere, to be patient and wait through the challenges. We are strengthened and shaped by our God who is with us, working for good even when what is happening isn't good. Knowing God is with us may not take away the pain and hurt we experience but it can make it easier for us to bear the tough things and when that happens it shows we're growing already!

Adapted from "The Very Best Hands-On Kinda Dangerous Family Devotions" by Tim Shoemaker



We have heard that Grant Bourner will be participating again in the annual Sarnia-Lambton Walk for Parkinson's. The event is being held on September 8, 2024 at Canatara Park beginning at 1:00 p.m.

Grant would be pleased to receive sponsorship donations from individuals in the congregation of St. Giles. You can donate by visiting the Parkinson's website www.psso.ca. Grant would welcome others to join him in this walk. We wish Grant great success in this worthwhile project.

> Come to church early and draw encouraging chalk messages on the sidewalk for those coming to worship!

Faith at work at home

DONATIONS

"In the same way, faith by itself, if it is not accompanied by action, is dead." James 2:17

James reminds us that belief is important and if we don't live and act in that belief it's not a living faith. One way we can live our faith is by sharing what we have with those who have need. In Sunday School, we've been talking about God's creation, being thankful for and caring for it. We can live out care for creation and support our neighbours who care for the Animals at our local humane society by donated old towels and blankets to help them in their work. Donations are accepted at the Humane Society directly or you can bring them to the donations rolling cart at the church and we will take them there for you.

We are in *desperate* need of towels and blankets for our animals.

We can't THANK our community enough for always loving our furry friends as much as we do.

TO DONATE:

DROP OFF at: 131 Exmouth St., Sarnia Weekdays 10am-6pm Weekends 12-4pm